

# DOH Pinellas

## Healthy Eating and Physical Activity (HEPA)



# Evolution



- **CPPW (Community Putting Prevention to Work)**

- Joined in partnership with PCSB and afterschool providers to develop policies to enhance afterschool physical activity and healthy eating – resulting in contractual changes including: (aligned with Alliance)
  - 20% or at least 30 minutes of morning or afterschool program time to physical activity
  - USDA Smart Snacks in School nutrition standards/prohibits serving full-calorie sodas, sports drinks, or juice drinks (not including 100% juice).
  - Reduce non-academic screen time to zero

- **CTG (Community Transformation Grant)**

- YMCA of Greater St. Petersburg awarded sub-grant from YUSA to include goals surrounding HEPA implementation internally and with other providers
  - YMCA of GSP reached 100% compliance
  - Included in CHIP goals

# Recent work



- **DOH Pinellas awarded PICH**

- partnerships under CCPW and CTG continuing as a result
- providing optional trainings to other providers on what HEPA standards are and how they can adopt
- adding HEPA training to Pinellas Licensing as an option for 1 of 10 mandatory training hours
- Collaborating with the Alliance for a Healthier Generation to implement HOST in afterschool programs
- partnering with other organizations to contact individual centers to see if they are already using HEPA standards



## Future Hope

- Incorporate HEPA/HOST standards in licensing requirements statewide
- HEPA training is required by all licensing centers as part of their required trainings
- Fun Bites Initiative being used in childcare settings, before/after school programs
  - Fun Bites follow the USDA Smart Snacks in Schools guidelines.



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# QUESTIONS??

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